

Teladoc[®] is a national network of U.S. board-certified doctors available on-demand 24/7/365 to diagnose, treat and prescribe medication, if necessary, for many of your medical issues. It's quality care when you need it at a price you can afford.

Consults are FREE!

When Can I Use It?

- After normal office hours
- On vacation or a business trip
- For refill of recurring prescription (short term only)
- For non emergency medical assistance
- When your schedule doesn't allow for an in-office visit
- For an explanation or a second opinion
- For lab results

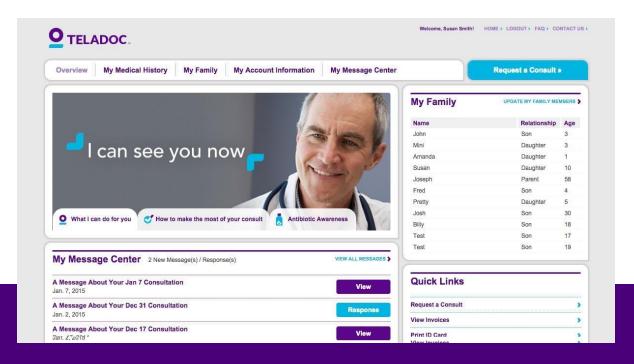
For pediatric care (down to age 0)

Why Would I Use It?

- Sinus problems
- Cold/flu
- Pink eye
- Ear infections
- Allergies
- Urinary tract infection
- Bronchitis
- Upper respiratory infection
- Nasal congestion •And more!



How does Teladoc work?





Step 1 Complete medical history



Step 2 Request consult



Step 3 Talk with a physician



Step 4 Resolve the issue



Getting started

It's quick and easy to set up your account. And once your account is set up, a doctor is only a call or click away.

- Visit teladoc.com
- Click "Set up account"
- Provide your name, contact information, and date of birth.
- If you do not see a username on your welcome kit (or you do not have access to it), choose "No, I do not have a username."
- Select "My employer or insurance provider offers me access to Teladoc."
- Enter "City of Idaho Falls" in the "Company Name" field.
- Complete the registration steps.
- You can also complete your registration over the phone by calling 1-800-TELADOC (835-TELADOC.



